

COURSE LIST



T M Training

FIRST AID AT WORK

Whats covered in the course?



HSE Compliant



Certificate
Lasting 3 Years



3 Day Course

- Emergency Actions
- Child, Baby & Adult Basic Life Support (CPR)
- Child, Baby & Adult Choking
- How to use a defib (AED)
- Head, Neck & Back Injuries
- Asthma, Panic Attacks, Drowning & Fumes
- Unconsciousness & Recovery Position
- Heart Attacks, Shock, Electrical Shock &
- Anaphylaxis
- Bleeding, Wounds & Burns
- Injuries to the Bones, Muscles & Joints
- Concussion, Seizures/Fitting & Diabetes
- Meningitis
- First Aider Responsibilities



FIRST AID AT WORK REQUALIFICATION



Whats Covered

This course covers the same topics as the First Aid at work Qualification



HSE Compliant

Health & Safety Executive Compliant



2 Day Course

Two day course available to those whose First Aid at Work certificate is close to expiring and acts as a fast track through everything covered the first time round

EMERGENCY FIRST AID AT WORK



**Certificate
Lasting 3 Years**



HSE Compliant



**One Day
Course**

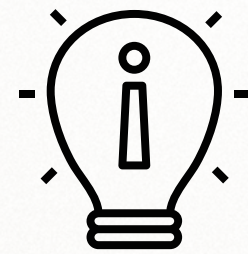


Whats Covered?

- Emergency Actions
- Child, Baby & Adult Basic Life Support (CPR)
- Child, Baby & Adult Choking
- How to use a defib (AED)
- Head, Neck & Back Injuries
- Unconsciousness & Recovery Position
- Bleeding & Burns
- Injuries to the Bones, Muscles & Joints
- Seizures/Fitting
- First Aider Responsibilities
- Plus lots more!



PAEDIATRIC FIRST AID



What's Covered?

- Emergency Actions
- Child, Baby & Adult Basic Life Support (CPR)
- Child, Baby & Adult Choking
- How to use a defib (AED)
- Head, Neck & Back Injuries
- Asthma, Panic Attacks, Drowning & Fumes
- Unconsciousness & Recovery Position
- Shock, Electrical Shock & Anaphylaxis
- Bleeding, Wounds & Burns
- Injuries to the Bones, Muscles & Joints Concussion, Seizures/Fitting & Diabetes
- Meningitis, Croup & Sickle Cell
- First Aider Responsibilities



**Certificate
lasting 3
years**



**OFSTED &
Early Years
Foundation
Stage
Statutory
Framework
Compliant**



2 Day Course

EMERGENCY FIRST AID IN SCHOOLS



**Certificate
lasting 3
years**

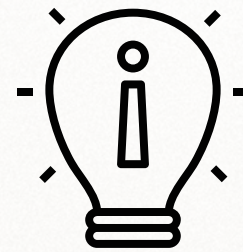


**HSE
Compliant**



1 Day Course

**This course is great for
but not limited to KS1
& KS2 schools aimed at
giving confidence with
topics such as
anaphylaxis & asthma**



What's Covered

- **Emergency Actions**
- **Child, Baby & Adult Basic Life Support (CPR)**
- **Child, Baby & Adult Choking**
- **How to use a defib (AED)**
- **Asthma**
- **Anaphylaxis & Adrenaline Auto-Injectors
(including Epipens)**
- **Unconsciousness & Recovery Position**
- **Bleeding & Burns**
- **Seizures & Fitting**
- **First Aider Responsibilities**

**Settings that need to comply with the Early Years Foundation Stage Statutory Framework
Should Consider training their team on the 2 day full Paediatric First Aid Course**

ACTIVITY FIRST AID

Suitable for those who work outdoors, or who take part in sporting activities such as cycling, hiking and horse riding

Whats covered

- Emergency Actions
- Child, Baby & Adult Basic Life Support (CPR)
- Child, Baby & Adult Choking
- How to use a defib (AED)
- Head, Neck & Back Injuries
- Asthma, Panic Attacks, Drowning & Fumes
- Unconsciousness & Recovery Position
- Heart Attacks, Shock, Electrical Shock & Anaphylaxis
- Bleeding, Wounds & Burns
- Injuries to the Bones, Muscles & Joints
- Concussion, Seizures/Fitting & Diabetes
- Plus lots more!



Certificate
lasting 3
years



HSE
Compliant



2 Day Course



ACTION FOR ANAPHYLAXIS



Whats Covered

- Recognising Anaphylaxis
- Using Adrenaline Auto- Injectors (AAI's) including Epipens, Jext & Emerades
- Emergency Actions
- Child, Baby 5 Adult Basic Life Support (CPR)
- Child, Baby & Adult Choking
- How to use a defib (AED)



UK Resuscitation Council Compliant

Certificate valid for 3 years



2 ½ Hour Course

Usually used as a bolt on to one of our other courses and is great for those in an environment where they need to be prepared for anaphylactic emergencies.

FORESTRY FIRST AID

Tailored to those working in the forestry sector. Known as '+F' this bolt on course can be added to Emergency first Aid at Work or First Aid at Work qualifications (or as a stand alone for those already in possession of a valid qualification).

Whats Covered

- BLEEDS
- Catastrophic Bleeding
- Types of Wounds
- Amputations
- Crushing Injuries
- Hypovolaemic Shock
- Insect Stings & Bites
- Snake Bites
- Spider Bites
- Tick Bites & Lyme Disease
- Effects of Temperature

**Includes
Forestry First
Aid Guide to
take away**



**Certificate
lasting 3
years**



**Compliant
with Forestry
Commission
policy**



**2 Hour
Course**



CONTACT US

If you would like any more information on any courses we are currently running or would like a quote for your business needs please get in touch.

Phone

07944222940

Email

hello@tmfirstaid.co.uk

Website

tmfirstaid.co.uk

Location

Courses available nationwide



FIRST AID

T M T r a i n i n g